

ZINGER TRAINING - MORNING GROUPS

Monday Through Thursday

9:00am Hit / 10:00am Lift

Group 1

Joey Besemer
Evan Hanish
Auggie Besemer
Christian Roncal
Luke Dorris
Dominic Ziccarelli
Noah Fagan
Eli Wilbricht
Jorge Campio
Quentin Starbuck

10:00am Hit / 11:00am Lift

Group 2

Jonathan Mszanowski
Jack Meckler
Nate Boyer
Luke Lanford
Brandon Martinez
Braeden Evjen
Gavin Wolfe
Griffin Michael Thom
Leo Kearns
Ben Convey

11:00am Hit / 12:00pm Lift

Group 3

Cole Linyard
Dylan Tims
Cody Bolton
Carter Horen
Nate Edgar
Evan Winton
Alex Milona
Cole Peters
Keone Ede
Anthony (AJ) DeFeo
Dominic DeFeo

12:00pm Hit / 1:00pm Lift

Group 4

Owen Konerko
Trevor Collins
Brennan Prendergast
Parker Shields
Jaxon Perrilliat
Carlos Pedroza
Garon DeSpirito
Nicholas Benson

12:00pm HIT ONLY

Hitter Only

Marco Vacanti
Brayden Higby
Colton Figueroa

1:00pm Lift

Group PO

Arnav Akula
Elijah Marquez
Joshua Magallanes
Jeremy Larson

2:00pm to 5:00pm - Pitcher Training on Tuesday / Wednesday / Thursday

FRIDAY - EVERYONE LIFTS @ 7:00PM at GLORY GAINS (Zinger will be closed)

Open Hitting in Cages on Friday

9:00am - 12:00pm
5:00pm - 7:00pm

CLOSED on Monday May 27th & July 4th and 5th

ZINGER TRAINING - EVENING GROUPS
Monday Through Thursday

6:00pm Hit / 7:00pm Lift	7:00pm Lift / 8:00pm Hit	7:00pm Hit / 8:00pm Lift
Group 5	Group 6	Group 7
Zach Tanner	Matthew Workman	Clark Anderson
Cashton Borden	Camden Grove	Bret "Howey" Keller Jr.
Easton Townes	Kaiko Wrybkowski	Lucas Tuschl
Jaxxon Herbert	Colin Murphy	Jackson Vaughn
Greyson Borden	Cole Judge	Angelo Sismondo
Gavin Lieske	Matthew Bauer	Matthew Saigh
David Tellier	John Roche	Evan Lawrence
Rex Richardson (Hitter Only)	Sammy Saigh	Jonah Kurland
Andy Chaplick	Vincent Meza	Josh Funk
Ryan Carlson	Bryce Briggs	Patrick Gould
Tanner Terry	Owen Ornelas	Jaxson Barnhorst
	Jace Wright	Ezra Bull
	Max Jelinek (PO)	
	Cole Dickson (PO)	
8:00pm Lift / 9:00pm Hit		9:00pm HIT ONLY
Group 5		Hitter Only
Reed Ross		Jackson Pavone
Ronnie Ross		Ben Brownsey
Vaughn Franklin		
Logan Gowar		
Andrew Baker		
Weston Thielen		
Colin Whinnie		
Jake Ezra		
John Merendino		

2:00pm to 5:00pm - Pitcher Training on Tuesday / Wednesday / Thursday

FRIDAY - EVERYONE LIFTS @ 7:00PM at GLORY GAINS (Zinger will be closed)

Open Hitting in Cages on Friday
9:00am - 12:00pm
5:00pm - 7:00pm

CLOSED on Monday May 27th & July 4th and 5th